

## Recommended Restaurants

All restaurants are within the downtown area. Take the Blue or Green line at Courthouse Station heading north to downtown (within free fare zone)

### **Buds Sandwich Co.**

509 E 300 S  
budssl.com  
Mon – Sat 11:00 am – 5:00 pm  
Vegan Sandwiches  
V, VG, GF  
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### **Cannellas**

204 E 500 S  
cannellasrestaurant.com  
Mon 11:00 am – 9:00 pm  
Tues-Thurs 11:00 am – 10:00 pm  
Fri 11:00 am – 11:00 pm  
Sat 12:00 pm – 11:00 pm  
Sun 4:00 pm – 9:00 pm  
Italian  
V  
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### **Copper Common**

111 Broadway (E 300 S) (next to Copper Onion)  
Sun – Thurs, 5:00 pm – 11:00 pm  
Sat, Fri 5:00 pm – close  
New American  
V  
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### **Copper Onion**

111 Broadway (E 300 S)  
thecopperonion.com  
Mon-Thurs 5:00 pm – 10:00 pm  
Fri 5:00 pm – 11:00 pm, 5:00 pm – Close  
Sat, Sun 10:30 am – 3:00 pm, 5:00 – 11:00 pm  
New American  
V  
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### **DP Cheesesteaks**

85 E 300 S  
dpcheesesteaks.com  
Mon – Sat 11:00 am – 9:00 pm  
Cheesesteaks, Sandwiches  
V  
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### **Este Pizza**

156 E 200 S  
estepizzaco.com  
Mon - Thurs 11:30 am – 10:00 pm  
Fri 11:00 am – 11:00 pm  
Sat 11:30 am – 11:00 pm  
Sun 4:00 pm – 9:00 pm  
Pizza (whole & by the slice), Subs, Calzones,  
V, VG  
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### **Eva**

317 Main St.  
evaslc.com  
Mon – Thurs 5:00 pm – 11 pm  
Fri, Sat 5:00 pm – 12:00 am  
Sun 5:00 pm – 10:00 pm  
Mediterranean, Tapas/Small plates  
V, VG, GF  
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### **Eva's Bakery**

155 Main St.  
evasbakeryslc.com  
Mon - Sat 7:00 am – 6:00 pm  
Sun 9:00 am – 3:00 pm  
French Pastries, Soup, Salad, Quiche, Sandwiches  
V, VG  
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### **From Scratch**

62 E Gallivan Ave.  
fromscratchslc.com  
Mon – Thurs, 11:30 am – 3:00 pm, 5:00 – 9:00 pm  
Fri 11:30 am – 3:00 pm, 5:00 pm – 10:00 pm  
Sat 5:00 pm – 10:00 pm  
Soups, salads, pizza, sandwiches  
V  
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### **Garden Café**

In the Grand America  
Sun – Thurs 6:30 am – 9:00 pm  
Fri, Sat, 6:30 am – 10:00 pm  
Sun Brunch 9:00 am – 2:00 pm (\$49/person)  
Sun 6:30 am – 8:30 am  
American  
V, VG, GF  
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**Gourmandise**

250 S 300 E

gourmandisethebakery.com

Mon – Thurs, 7:00 am – 10:00 pm

Fri, Sat 7:00 am – 11:00 pm

French pastries, cakes, sandwiches, soup, salad

V, VG, GF

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**Himalayan Kitchen**

360 State St.

himalayankitchen.com

Mon – Sat 11:30 am – 10:00 pm

Sun 5:00 pm – 10:00 pm

Indian &amp; Nepali food

V, VG, GF

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**Hong Kong Tea House & Restaurant**

565 W 200 S

Tues – Fri, 11:00 am – 9:00 pm

Sat, Sun 10:00 am – 9:30 pm

Asian, Chinese, Dim Sum

VG, Gf

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**Oasis Café**

151 S 500 E

oasiscafeslc.com

Fri, Sat 8:00 am – 10:00 pm

Sun - Thurs 8:00 am – 9:00 pm

American

V, VG, GF

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**Rye**

239 S 500 E

ryeslc.com

Mon-Fri 9:00 am – 2:00 pm

Fri, Sat 9:00 am – 3:00 pm, 6:00 pm – 11:00 pm

Sun 9:00 am – 3:00 pm

American

V, VG, GF

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**Siegfried's Deli**

239 S 500 E

siegfriedsdelicatessen.com

Mon - Wed 9:00 am – 6:00 pm

Thurs - Sat 9:00 am – 9:00 pm

German deli

V, GF

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**Stoneground Kitchen**

249 E 400 S

stonegroundslc.com

Mon 11:30 am – 2:30 pm, 5:00 – 9:00 pm

Tues - Fri 11:30 am – 2:30 pm, 5:00 – 10:00 pm

Sat 5:00 pm – 10:30 pm

Sun 5:00 pm – 9:00 pm

Italian, Pizza, Pasta

V, GF

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**Takashi Sushi**

18 W. Market St.

Mon - Thurs 11:30 am – 2:00 pm, 5:30 – 10:00 pm

Fri 11:30 am – 2:00 pm, 5:30 pm – 11:00 pm

Sat 5:30 pm – 11:00 pm

Sushi, Japanese

V, GF

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**Tin Angel**

365 W 400 S

thetinangel.com

Tues – Thurs, 11:00 am – 3:00 pm, 5:00 – 9:00 pm

Fri, 11:00 am – 3:00 pm, 5:00 – 10:00 pm

Sat, 10:30 – 3:00 pm, 5:00 – 10:00 pm

European dishes with local ingredients

V, VG, GF

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**Toaster's Deli**

30 E 300 S

toastersdeli.com

Mon - Fri 7:00 am – 4:30 pm

Sat 9:00 am – 4:30 pm

Sun 10:00 am – 4:30 pm

Soups, salads, bagels

V, VG, GF

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\$ &lt; \$10

\$\$ \$11- \$30

\$\$\$ \$31 - \$60

GF – Gluten Free Options Available

VG – Vegan Options Available

V – Vegetarian Options Available

There are many good restaurants in SLC; these are just ones that are close to the hotel.

Please note that Salt Lakerians LOVE brunch. If you go out on Saturday or Sunday after 9:30 am for brunch you may have to wait anywhere from 10 to 45 minutes for a table. Some places, like Eva's Bakery, have walk up service for pastries to go.

### Drinking in Utah

Utah has some strange liquor laws (not as weird as some states, but weirder than others). At one time people had to purchase a "membership" to enter a bar. This is no longer the case. Here are few pointers to help make sense of the laws.

- All draft beer is 4.0% abv (alcohol by volume) (or 3.2% alcohol by weight)
- Any beer over 4.0% abv is termed "high point" beer. This beer must be served in the bottle at bars and restaurants.
- You can buy 4.0% beer practically everywhere: grocery stores, gas stations, arenas, festivals, etc.
- High point beer, wine, and liquor can be purchased to go from state liquor stores, breweries, distilleries, and wineries. State liquor stores are closed on Sundays and major holidays.
- If you're drinking at a restaurant, you'll need to be "dining" in that restaurant in order to be served alcohol. But that doesn't mean you need to order a full meal. You can order just a single appetizer along with your drink (the app can be shared with your group). Ordering food is not required at bars and clubs.
- Your cocktail can contain up to 2.5oz of liquor. You can have more than one drink in front of you at a time, but you can't have a "double" or "sidecar" (don't ask us why).
- At restaurants, you can buy booze beginning at 11:30 a.m. At clubs and bars: 10 a.m.
- Last call is at 1 a.m.

### **Breweries**

Despite these restrictions, there are many excellent micro-breweries, distilleries, and wineries here. Here are a few breweries near downtown SLC that you can walk to or take public transit:

#### **Epic Brewing** – 825 State St.

(take the 200 bus on State St. towards Murray Central, get off pull the cord at 800 s, it is across the street)

-can buy beers onsite (all in 750 ml bottles), small tasting room, all high-point beers

#### **Proper Brewing Co.** – 857 Main St.

(get on the Red Line heading to Daybreak at the Courthouse Station. Get off at the 900 South Station. Walk up 900 S to Main St. (2 blocks), turn left and it is up the block on your right)

-all beer on draft, has foosball, shuffleboard, etc. right next door to Proper Burger Co.

#### **Redrock Brewing Co.** – 254 S 200 W

(walking distance or take Trax green or blue line Gallivan Plaza station, walk down 300 S to 200 W)

-beer in bottle and on draft, restaurant serves pizza

#### **Squatters** – 147 West Broadway (300 S)

(walking distance or take Trax green or blue line to Gallivan Plaza station and walk down 300 S)

-beer in bottle and on draft, including beers from other breweries, full restaurant

If you want to sample some local beers, but don't want to go too far from downtown, try the Beerhive Pub (128 S. Main St.) , which has 24 Utah beers on tap, along with about 150 different beers by the bottle. They also serve food.

The Beer Bar serves local, national, and international beers. They are located at 161 E 200 S (take the 200 bus heading north or walk (.7 miles). They also serve beer.

### Downtown SLC and Safety

For the most part, downtown SLC is safe, but there are areas you will want to avoid at night. Specifically, avoid the Pioneer Park and Gateway Mall areas. SLC has a large homeless population that is centered in this area and we have had an issue with drugs and violent crimes around Pioneer Park and Gateway.

## Nightlife

Most of SLC's nightlife is centered in the downtown area north of 400 S and running along both sides of State Street. To enter any bar, regardless of your age, you must present your state ID/driver's license or passport. They will scan your ID. In bars that serve food, you must be 21 to enter and have ID. Downtown is home to the Museum of Contemporary Art, several theaters, and many restaurants and bars.

## Getting around

SLC has excellent light rail service, which we call Trax. There are three primary lines – Green, Red, and Blue lines. For the conference, you will be using the Green and Blue lines. The Red line heads east from the Courthouse Station, which will not be of much use to you unless you want to go to Trader Joes, Whole Foods, or Smiths. The Green and Blue lines will both take you downtown. Most of downtown, including Courthouse Station, are in the free fare zone (see map), which means you do not have to purchase a ticket. The Red line is not in the free fare zone. You can take the Green line to and from the airport. A one-way fare is \$2.50, round trip is \$5.00, all day is \$6.25. You can use the Utah Transit Authority's website ([www.rideuta.com](http://www.rideuta.com)), but Google Maps is much easier and more user friendly.

Uber and Lyft are also good alternatives. Most rides from the hotel to within a 5 mile radius will be \$5-10. If you are flying in or out after 11:00 pm, you will need to take Uber or Lyft as Trax stops around 11/11:30 pm.

