Welcome to Portland! The City of Roses, Stumptown, Bridgetown and, for NBA fans, Rip City. This guide is designed to help you get the most out of your short stay. Because you will likely have a busy schedule full of presentation visits, the majority of the locations we include are either downtown, or just a short commute away. The options for food and drink we list are by no means comprehensive. If there is something that catches your eye that we have not recommended, you should go for it! We have likely missed it because there is simply not enough time in the world to taste everything Portland has to offer.

A fun language-related Portland fact: our newest bridge, currently under construction, has been named Tilikum Crossing, after the Chinuk Wawa word for ‘village’, ‘tribe’, ‘people’, and ‘family.’ Chinuk Wawa is a contact language that was spoken throughout the Lower Columbia since at least the early 19th century. Today it is spoken as a heritage language by members of the Confederated Tribes of Grand Ronde, whose traditional lands include the Portland Metropolitan Area. This Bridge of the People will feature Portland’s newest MAX line, along with pedestrian and bike paths, while excluding automobile traffic! You can read more about the bridge here: http://trimet.org/namethebridge/index.htm
**Transportation**

• Getting to the Hilton from PDX International Airport (approx. 45 min.)

  Follow the signs for MAX to get outside of the airport. You will see that your only option is a Red Line train. This will pass through downtown and drop you off within 3 blocks of the Hilton.

  Take the Red Line to the Pioneer Square stop. Upon exiting the train, turn to your left and walk to the corner of SW Morrison and 6th. Turn right and walk 2.5 blocks. You will pass SW Yamhill and SW Taylor before arriving at the Hilton on your right-hand side. You made it, good job! If you are wondering what there is to do tonight, see below. As luck would have it, your arrival coincides with Portland’s monthly First Thursday Art Walk, featuring open galleries serving wine and local art.

  http://www.firstthursdayportland.com/

**Public Transit**

All public transit in Portland is operated by Trimet. Trimet bus, streetcar, and MAX light rail all use the same tickets, so even if you purchase a ticket on the bus, you can use it on any public transportation until the printed expiration time.

If you need to ride public transit twice in one day, and the trips are more than two hours apart, you should just purchase the day pass. Cheaper streetcar-only tickets are available for $1 at ticket machines located at streetcar stops as well as on the streetcars themselves.

<table>
<thead>
<tr>
<th>Rates:</th>
<th>2-hour ticket</th>
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<tr>
<td>Adult (18-64)</td>
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<td>Honored Citizen (65+, Medicare or disability)</td>
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<td>Youth (7-17 or high school/GED)</td>
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To plan your trips, there are Trimet apps available, but I find Google Maps to be easiest. Select the public transit icon when you perform your search and it will yield upcoming nearby rides or any transit type, or you can refine your search to include only certain types.

Some bus and MAX stops have convenient video screens that display when the next bus or train will arrive, and what line it will be. The streetcar has a small electronic sign that only displays the two upcoming rides.
Bus
The bus can take you anywhere in the city and is
easy to use. Most often the bus drivers are extreme-
ly friendly and helpful. Ask them to tell you when
you arrive at your desired stop if you are worried
about missing it. Be advised that bus drivers cannot
give change.

MAX
Use this to get around downtown and visit distant
neighborhoods or sights you want to visit, such as
NE Mississippi and Albina, the Oregon Zoo, Jap-
anese Gardens, or China Town. All MAX lines
(Red, Blue, Yellow, and Green) converge at Pioneer
Square, just down the street from your hotel.

Streetcar
The streetcar serves neighborhoods close to down-
town that may be a bit farther than you want to
walk. Use the streetcar to go to the NW neigh-
borhoods (NW 21st and NW 23rd, The Pearl, and
China Town) and just over the river to inner SE.
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All Trimet stops post a stop ID# and Tran-
sit Tracker phone number. Call or text the Transit
Tracker and enter the stop ID to find out upcoming
arrivals for that stop.

Taxis
Taking a taxi may be a good option if you are
travelling in a large group and can split the cost.
It is possible to hail cabs, but I do not know how
reliable this is. It is most common to call for a ride
in advance. Here are two popular downtown taxi
companies. For additional information, please visit
http://portlandtaxis.com/
Broadway Cab: (503)333-3333, http://www.broad-
waycab.com/
net/

Car2Go and Zipcar
Car2go and Zipcar are membership-only car-share
companies that allow you to reserve and drive their
cars, found at locations throughout the city. If you
are already a member with one of these companies,
or really enjoy driving, this is a good way for you to
get around the city. Otherwise, public transporta-
tion will get you everywhere you need to go.

https://www.car2go.com/en/portland/
http://www.zipcar.com/
SHOPPING

**Hawthorne shopping district**: lots of thrift stores, bookstores, and restaurants. Take bus line 14.

**Farmers Market**: The largest and most popular market in Portland, this market is located at Portland State University in the South Park Blocks between SW Hall & SW Montgomery. A close street address to this market is 1717 SW Park Avenue. It’s open every Saturday from 9am to 2pm and has hot food as well and is a great place to get breakfast. I would recommend Enchanted Sun breakfast burritos and Pine State Biscuits.

**Powell’s City of Books**: a must-see Portland institution. Get lost in this bookstore labyrinth! Accessible via streetcar. 1005 W Burnside St. | powells.com

**Made In Oregon** is a gift shop in Pioneer Place Mall where you can pick up souvenirs for your loved ones back home. 340 SW Morrison St. | madeinoregon.com

PARKS, MUSEUMS, SIGHTS

**Forest Park**: Forest Park is one of the country’s largest urban forest reserves. if you have some time, it’s an easy way to Oregon’s amazing evergreen forests. A nice hike is up to Pittock Mansion starting at Lower Macleay Park. It’s about 5 miles round trip and has nice views of Mt. Hood. The easiest way to the park without a car is to take line 15 from the stop on SW Broadway and Washington (walk north on 6th, turn left on Washington). Get off at NW Wardway and Montgomery Park. When you get off, continue heading the same direction down Vaughn Street (west), then take the first left on NW 28th Place. When you reach NW Upshur St, turn right and then continue straight to the park! http://www.forestparkconservancy.org/forest-park/maps/

**Mills Ends Park**, aka the Smallest Park in the World. Located at SW Naito Pkwy and Taylor and named by the Guinness Book of World Records as the world’s smallest park, this park is rumored to be the home of a leprechaun family. Decor and plants change regularly.

**Central Library**: Located at 801 SW 10th Avenue (between SW Taylor & Yamhill), the Central Library was opened in 1913. As you walk in there is a beautiful staircase that leads you up the three floors, the walls are covered in artwork and interesting historical information, and the long tables and high windows just make you want to stay and read for hours. If nothing else, pop your head in and look at the staircase.

**Lan Su Chinese Garden** is a tranquil refuge in the middle of downtown. It also has a charming tea house and regularly holds different events on the weekends. 239 NW Everett St. | lansugarden.org

**Portland Japanese Gardens** are located near the Oregon Zoo and Hoyt Arboretum. Accessible via MAX. 611 SW Kingston Ave. | japanesegarden.com

Additional Resources:
http://pdxpipeline.com
Portland Art Museum. The current rotating exhibit is Richard Mosse’s powerful video installation *The Enclave*. *The Enclave* was produced using a recently discontinued military film technology, originally designed in World War II to reveal camouflaged installations hidden in the landscape. This film registers an invisible spectrum of infrared light, rendering the green landscape in vivid hues of lavender, crimson, and hot pink. 1219 SW Park Ave. | portlandartmuseum.org

Oregon Historical Society, a museum of Oregon history located on Portland’s lovely Park Blocks. 1200 SW Park Ave. | ohs.org

The Waterfront is a busy place on the weekends. Many joggers and pedestrians come here for recreation or to simply stroll along the river and view the city’s many bridges.

Recreation

Yoga on Yamhill offers donation-based classes. 124 SW Yamhill St. | yogaonyamhill.com

First Thursday Art Walk: http://www.first-thursdayportland.com/

Ground Kontrol is a huge, retro arcade that serves beer after 5pm and stays open late. 511 NW Couch St. | groundkontrol.com

Punch Bowl Social: self-described “dirty modern” rec room, karaoke bar and gastropub. Located on the top floor of Pioneer Place Mall, you can go bowling, do karaoke, eat, and share a large bowl of punch with your friends! 340 SW Morrison St. | punchbowlsocial.com

Voice Box is a nice karaoke lounge with private rooms for your group. Large selection of songs available in several languages. Accessible via streetcar. 2112 NW Hoyt St. | voiceboxpdx.com

Sports

Basketball  http://www.nba.com/blazers/  
• Jan. 8th, Thursday, 7:30 pm PST. Portland Trailblazers vs. Miami Heat @ Moda Center  
• Jan. 10th, Saturday, 7:00 pm PST. Portland Trailblazers vs. Orlando Magic @ Moda Center

Hockey  http://www.winterhawks.com  
• Jan. 10th, Saturday, 7:00 pm. Portland Winterhawks vs. Vancouver Giants @ Veterans Memorial Coliseum

Take the Red, Blue, or Green MAX lines to the Rose Quarter Transit Center for both of these venues. You can’t miss them!

Nightlife

The majority of downtown dance clubs are located in Old Town/China Town and include several LGBT venues. The area has been blocked off to car traffic in recent years because of the number of people out and about. Head toward NW 3rd and Burnside and have your pick of nightclub.
This section is arranged by neighborhood: the hotel is downtown; Northwest and Inner Southeast are both 10-15 minutes away by public transit.

$ cheap, good deal  
$$ average  
$$$ high-end  
* also serves a variety of alcohol

**Downtown**
- Within walking distance or a few transit stops.

**Food**

**Food Carts:** If your group can’t reach a consensus on what to eat, go to a nearby food cart pod to make sure everyone is satisfied. Although operation times vary from cart to cart, there is bound to be at least a few open even late at night. Be advised that the few carts accepting debit cards charge an additional fee and nearby ATMs will as well. It is best to pick up cash at your bank’s branch ahead of time. Large groups of food carts can be found at the following locations:

- SW 10th and SW Alder: the entire square block is occupied by various carts  
- SW 5th between Stark and Oak  
- SW 3rd between Stark and Washington  
- SW 4th Ave between Hall and College (PSU campus)


* **$ Nel Centro:** This is a more fancy place that has great deals for Happy Hour. From 4-6pm every day a featured cocktail, wine, and well drinks are $5 and local beers are $4. Also recommended is the pizza and the french fries. 1408 SW 6th Ave.

* **$$$ Urban Farmer:** Located inside The Nines Hotel right off Pioneer Square, they have more solid food on their happy hour menu. Cocktail of the day and draft beer are $5. 525 SW Morrison St.

* **$ Luc Lac Vietnamese Kitchen:** An all-time favorite! Delicious, large portions for a good price in a lively environment. Many vegetarian options. Try the cream cheese wontons! 835 SW 2nd Ave. | [luclackitchen.com](http://www.luclackitchen.com)

* **$ Bunk Sandwiches:** Bunk Bar’s sandwiches were so popular they opened not one, but two of these lunch spots (8am-3pm). No frills—just great sandwiches. The albacore tuna melt, meatball hero, and pork belly cubano are favorites. Closer to lunch time, expect a wait. 211 SW 6th Ave. | [http://www.bunksandwiches.com/bunksandwichesdowntown/](http://www.bunksandwiches.com/bunksandwichesdowntown/)

* **$ Boxer Ramen:** Offer yummy ramen and a few sides. Cash only. 1025 SW Stark St.

* **$$$ Clyde Common:** An airy, modern space serving modernist Continental and American food, coupled with a renowned pastry chef, a Beard Award-nominated bar, and an excellent brunch menu. Reservations recommended. 1014 SW Stark St. | [http://www.clydecommon.com/](http://www.clydecommon.com/)
* $$ Lardo: As the name suggests, just about every part of the pig is represented on Lardo’s menu, and their burger is one of the best in the city. However, Portland being Portland, veggie options abound. 1205 SW Washington St. | http://lardosandwiches.com/

* $$$ Little Bird: Sister restaurant to Le Pigeon, beloved by Eater, Food & Wine, and others, Little Bird has a similar feel--inventive, meat- and poultry-centric cuisine unapologetically geared toward the foodie crowd. This location is downtown near the hotel, and open until midnight. While tables don’t fill up a month in advance like at Le Pigeon, reservations are a good idea during normal dinner hours. 219 SW 6th Ave. | http://littlebirdbistro.com/

* $$ Oven and Shaker has good pizza and a decent happy hour. If you really like your food, you are encouraged to buy the kitchen a six-pack. 1134 NW Everett St

* $$ Old Town Pizza: supposedly haunted. 226 NW Davis St

* $$ Hot Lips: PSU location: 1909 SW 6th Ave. Pearl District: 721 NW 9th Ave #150

* $$$ Hunan Restaurant is a PSU faculty favorite reminiscent of awesome Chinese restaurants in New York. Try the pot stickers. 515 SW Broadway

* $$$ Silk is a classy Vietnamese fusion restaurant. 1012 NW Glisan St.

* $$ Swagat Indian Cuisine: 2074 NW Lovejoy St.

*-$-$$ Mi Mero Mole: 32 NW 5th Ave.

* $$ Marrakesh Moroccan Restaurant offers a one-of-a-kind dining experience complete with comfy cushions on the floor and a five-course meal that will leave you bursting at the seams for about $20 a person. 1201 NW 21st Ave.

* $$$ Roxy: open 24 hours, closed Mondays 1121 Southwest Stark St.

* $$$ Higgins is a fancy, PSU-faculty-recommended restaurant. 1239 SW Broadway

* $$$ Grüner Restaurant is an expensive German restaurant. 527 SW 12th Ave.

* $$$ Southpark Seafood Grill and Wine Bar: 901 Southwest Salmon Street

** SOMETHING QUICK **

* $$ Sizzle Pie: Has great vegan pizza! 926 W Burnside St.

* $$ Cafe Yumm: 1806 SW 6th Ave & 301 SW Morrison St.

* $$ Little Big Burger: 122 NW 10th Ave.

* $$ Spicy Pickle: 1220 SW 6th Ave.

* $$ Laughing Planet: 1720 SW 4th Ave.

* $$ Veggie Grill: 508 SW Taylor St.

** COFFEE & TEA **

* $$ Case Study. A nice cafe serving specialty coffee about four blocks away from the Hilton, right across from the Central Library on the corner of SW 10th and Yamhill. 802 SW 10th Ave.; casestudycoffee.com
Coffee & Tea, cont.

$ Courier Coffee: A tiny little roaster and coffee bar with great coffee and a small selection of delicious homemade cookies, granola bars, and muesli. Located right near Powells with nice windows for people watching. 923 SW Oak St. http://www.couriercoffeeroasters.com/

$ Starbucks: There are Starbucks all over the place, the closest one to the Hilton is just one block over on the corner of SW 6th Ave. and Salmon. If you exit the hotel out the front door, take a right. There is also a special Starbucks on NW Couch and 11th with alcohol and expanded food options.

$$ Stumptown Coffee Roasters: There are two Stumptown locations downtown. The one closest to the Hilton is located in the Ace Hotel on SW Stark between 10th and 11th. This location is quaint and good for people watching but it is also rather small so not good for a large group if you’re planning to stay and sit. 1026 SW Stark St. | stumptowncoffee.com

The other downtown location is larger but gets busy so seating is also limited. 128 SW 3rd Ave

$$ Heart Coffee: 537 Southwest 12th Ave.

Bars/Happy Hours

• Note that all Portland bars are legally required to serve food. Almost all the bars on this list have full menus.

* $$ Saucebox has an extensive drink menu, nice food, and a DJ. 214 SW Broadway | http://www.saucebox.com/

* $$ McMenamin’s has numerous locations throughout the city. They are located in historic refurbished locations and feature a nice bar and restaurant atmosphere. 1526 SW 10th Ave. 303 SW 12th Ave. 1332 W Burnside St.

* $$ Tugboat Brewing: A cozy pub serving their signature beers in a relaxed atmosphere—a great place to sit with friends to talk or play a board game, read, or just chat with the bartender. Have one glass of the delicious ‘Chernobyl’ Russian Imperial Stout, at 13% ABV, and stagger back to the (mercifully close) hotel. 711 SW Ankeny St. | http://www.d2m.com/Tugwebsite/

* $$$ Pepe le Moko: A basement speakeasy, recently opened by Jeffrey Morgenthaler, bar manager at Clyde Common and vocal participant in the Portland craft cocktail renaissance. Drinks include takes on the classic Martini, Negroni, and Daiquiri, as well as a Cynar Collins and a reinvented Long Island Iced Tea, and will run you $10-14. 407 S.W. 10th Ave. | http://pepelemokopdx.com/

* $$$ Multnomah Whiskey Library: It’s all in the name. Plus pub food elevated to an art form. 1124 SW Alder St. | http://www.multnomahwhiskeylibrary.com/

* $$ Living Room Theaters: A theater showing new releases, but furnished with armchairs and also serving coffee, food, and alcohol. 341 SW 10th Ave. | http://pdx.livingroomtheaters.com/food_and_drinks.html
Northwest/ Trendy Third

• Accessible by streetcar (~10 minutes)

Food

*$$$-$$$ Papa Haydn: Locally famous for their desserts, but Papa Haydn has an excellent dinner menu as well. 701 NW 23rd Ave.

* $ Red Onion Thai Cuisine: Well-priced, fantastic Thai food directly off of the streetcar stop at NW 23rd and Marshall. Also voted by an international student from Thailand as the best Thai sit-down restaurant near downtown! 1123 NW 23rd Ave. | redonionportland.com

$$ Shigezo 910 SW Salmon St.

* $$ Bamboo Sushi 836 Northwest 23rd Ave.

Coffee & Tea

$$ Coffeehouse Northwest: The easiest way to get to this coffee shop without walking too far is to take a red or blue line MAX to Providence Park and walk the rest of the way. 1951 W Burnside St. | http://www.sterling.coffee/

$$ Glyph Cafe and Arts Space
804 NW Couch St | glyphpdx.com

$$ Tea Chai Te: A very cozy upstairs tea house with nearly unlimited tea options, complete with kombucha and bubble tea. This location does not have ADA access. 734 NW 23rd Ave. | teachaite.com

$$ Barista: 539 NW 13th Ave. | baristapdx.com

Bars/Happy Hours

• Note that all Portland bars are legally required to serve food. Almost all the bars on this list have full menus.

* $$ Jimmy Mak’s is a fun bar and restaurant with live jazz music! 221 NW 10th Ave.

* $$ McMenamin’s has numerous locations throughout the city. They are located in historic refurbished locations and feature a nice bar and restaurant atmosphere. 432 NW 21st Ave.

$$ Life of Riley: 300 NW 10th Ave

* $$ Tilt: A nice big, clean bar with pool tables and good eats. 1355 NW Everett St #120

* $$ Henry’s Tavern is part bar and grill restaurant and part sports bar with a massive beer selection. 10 NW 12th Ave

* $$$ Rogue Distillery and Public House is a brew pub and restaurant, serving Rogue Brewery’s award-winning beer and spirits. Dare*Risk*Dream. 1339 NW Flanders St.

* $$ Deschutes Brewery: 210 Northwest 11th Ave.
SOUTHEAST
INDUSTRIAL

• A 10-minute bus ride across the river

FOOD

* $$$ Olympic Provisions: One of the best
meat counters in the city (they have a salumist)
and an impeccable wine list. If you like good char-
cuterie, this is your spot, and it’s worth the trip.
Reservations recommended. 107 SE Washington St.
| http://www.olympicprovisions.com/blogs/about-locations/8098615-southeast-restaurant

* $$ Biwa is a late-night favorite of Portland
foodies and chefs alike. It’s easy to see why: creative
shochu cocktails and fantastic chicken kaarage, tra-
ditional pickles, and ramen—open daily til midnight,
with happy hours 5-6 and 9-11. Still great, and less
busy, during dinner hours. 215 SE 9th Ave | http://
www.biwarestaurant.com/

$$ Boke Bowl: Right across the river from
downtown, Boke Bowl serves a small menu of
American nouveau-influenced ramen and other
bokebowl.com/

* $$ Cyril’s: Hidden in Clay Pigeon Winery
is a playful and casual French-inspired restaurant.
The farro salad and grougeres are amazing, but the
real highlight of the food menu is the build-your-
own cheese board section. 815 SE Oak St. | http://
cyrilspdx.com/menus

GROCERY
STORES

Safeway: Walkable or accessible with street-
car. 1010 SW Jefferson St. | local.safeway.com

Whole Foods: Located right off the street-
car line. Use the stop at NW 10th and Couch. 1210
NW Couch St. | http://www.wholefoodsmarket.com/
stores/pearl